

# MARCH || CLARITY

So often, our thoughts and actions are not aligned--we think one thing but say another. We say one thing but do another. And I truly believe that this is not always intentional. Rather, we're so busy that we don't give ourselves enough time to really think things through. This month, let's figure it out. Let's think about how we really feel and move forward from there, okay?

Find time to sit down and think about how you really feel about the following things. Jot down answers to:  
*What part of your household systems are working? What needs to change? How can you improve?*

BEHAVIOR

SCREEN TIME

CHORES

HOMEWORK

ACTIVITIES

COMMUNICATION

OTHER

GET YOUR KIDS IN THE MIX -----> Have your kids fill out this sheet and use it as the starting point for a family meeting.

NEXT UP? GROWTH -----> Think about how you can grow and what areas of your life need growth & change.



to live focused is to live  
with intention & purpose

We get one life.  
Let's make it count.

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