

February 2015

Goal: spend quality time with a friend this month
Focus on being present during conversations



A friend is someone who gives you total freedom to be yourself. –Jim Morrison

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28