

# July 2015

Goal: take time to breathe  
Focus staying on track with #livefocused goals



*Whenever I feel blue, I start breathing again. -L. Frank Baum*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	